



**"Bringing Balance Into Your Life!"**

Through the modalities of Reflexology,  
Reiki and Pangu Shengong

## TESTIMONIALS

**Mollie Girton, Soul to Sole Reflexology**

**"Congrats to you and your clients, now and future! You have so much capability to help them with. Get the word out ... Reflexology can help!! Go see Mollie!"**

- a committed fan of *Sole to Soul*

**"My soul is being liberated from some heavy stuff and my feet are ever so much more comfortable. Mollie, thank you so very much for your refined attention to my soles important details!"** - a happy reflexology client

**"Mollie Girton is a loving, caring and exceptionally skilled reflexologist. She listens to me and the needs of my tender feet. She attunes to my feet and their comfort level with touch. Over the course of only three reflexology sessions with Mollie several energy blocks have released moving formerly stuck energy out of my life and off my path; and, to my delight, I was finally able to eliminate a deeply seated emotional issue from my childhood by simply releasing an obstructed place Mollie identified on the sole of my foot. Thank you Mollie!!! Well done!"**

—Jill Adams, Adams Healing Arts

**"After one session with Mollie my ice cream addiction is gone. How did that happen!?! Mollie found several reflexology spine points that were holding insatiable hunger. I highly recommend her work to anyone wishing to experience the gifts quality reflexology can deliver -- comfortable feet and greater flow and balance in ones life -- physically, emotionally, mentally and spiritually."**

- amazed, and very grateful client.

**"I arrived limping at my reflexology session and told Mollie that I had begun to suffer with severe sciatic pain, which greatly affected my mobility. I was skeptical, but decided I'd give it a try. Mollie found several areas that were tender in my feet, explaining that they were related to my sciatic nerve reflexes. At the end of the session, I stood up and was amazed! Although detecting a sensitivity in the area, there was no pain and I could walk normally..I continued to experience great improvement at the next session. Mollie recommended I also check in with my doctor or physical therapist, which I did. My physical therapist was amazed that I was walking pain free, wondering how it was possible. I told him Reflexology. Mollie also had helped me with arthritis which had kept me awake with severe ankle pain. I haven't awakened with pain in several months. I highly recommend Mollie Girton, she has made a huge difference in the comfort level of my body."**

- Velora Davis, Groton, CT

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**Soul to Sole Reflexology LLC**

22 Bayview Avenue, Unit 137, Stonington, CT 06378

**860-861-0779**



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## **TESTIMONIALS, continued**

**"I have known Mollie all of my life. When she studied to become a reflexologist, I became one of her test subjects. Mollie has magic hands! She is able to find reflex points which correspond to areas in your body that ache or are giving you 'issues'. I have sinus issues so Mollie applies pressure to my big toe. Amazingly, my sinuses have opened up and released the pressure. Reflexology is heavenly, especially after a long day at work. I schedule my appointments weekly and have noticed a remarkable improvement in my overall health. I sleep more soundly and have more energy throughout the day. My mood swings have become less dramatic. I can only attribute my improvement to reflexology as it is the only thing I've added to my routine. I truly believe that reflexology has improved many areas of my life and recommend 'Soul to Sole Reflexology' without question."**

- Elizabeth A. Porter

**"I first met Mollie Girton about ten years ago. She has always had a pleasant disposition and air of kindness about her. Mollie was looking for ten (stressed) teachers for her certification requirements, and I thought about it for about ten seconds, saying Yes! I was in need of balance and quiet time. When I finally arranged my schedule, I opened my world to an amazing, unforgettable experience through Mollie. Being an Anatomy and Physiology teacher, I was interested in the science behind reflexology and was fascinated with the homeopathic chart of the foot. But the true experience began when Mollie started doing her magic. When you leave a session with Mollie, you will truly feel lighter, brighter and freer. Her company name fits her nicely 'Soul to Sole'. My experience led me to write this heartfelt testimony to Mollie's art of Reflexology, her kindred soul and healing hands."**

- Patti Brown, GLP, Connecticut



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